

MARION COUNTY

CENTRAL UNITED METHODIST CHURCH - FOOD PANTRY

Programs: Offers a food pantry. A food voucher from the Connecting Link (304-363-4882) is required.

Phone Number: (304) 366-3351

Website:

Address: 301 Fairmont Avenue, Fairmont, WV 26554

Email: mcclainct@comcast.net

Hours: Tuesday, 10:00am-2:00pm

Eligibility: Once a month

Documents: You must receive a food voucher from the Connecting Link (304-363-4882)

FAIRMONT FIRST CHURCH OF THE NAZARENE - EAST SIDE FOOD PANTRY

Programs: food pantry

Phone Number: (304) 366-7109

Website:

Address: 1604 Morgantown Ave, Fairmont, WV 26554

Email: churchoffice@fairmontfirstnaz.org

Hours: Monday-Friday, 8:00am-4:00pm

Eligibility: Open to all

Documents: Proof of residency and a Social Security card

FRIENDSHIP ROOM MARION - FRIENDSHIP FAIRMONT

Programs: Offers a mental wellness community drop-in center for all. Offers peer support services through groups, leisure, and social activities. Activities include an art program, Wi-fi, coffee, snacks, recovery groups, linkage to community services, and more. Groups include Problem-Solving, Coping Skills, Life Skills, and a Peer Support Wellness Toolbox/Relapse Prevention. Offers Peer Recovery Coach services. Offers lockers for the day. Offer HIV testing once a month. Offers hats, gloves, socks, and coats. Offers linkage to housing services. **Offers identification/application assistance.**

Phone Number: (304) 368-1341

Website: mphealthright.org

Address: 10 Locust Avenue, Fairmont, WV 26554

Email: info@mphealthright.org

Hours: Monday-Friday, 9:00am-4:30pm

Eligibility: Open to all

Application Process: Registration forms are required for all new clients

MANNINGTON FOOD PANTRY

Programs: food pantry, clothing closet, and some household goods

Phone Number: (304) 986-2147

Website:

Address: 811 East Main Street, Mannington, WV 26582

Email:

Hours: Wednesday, 9:00am-12:00pm

Eligibility: Open to all

Documents: Photo ID and Social Security Cards for everyone in the household.
Proof of income

MARION COUNTY FAMILY RESOURCE AND SUPPORT NETWORK

Programs: family support services and outreach services. Offers a food pantry, baby essentials pantry, and an essentials pantry that may have hygiene items, household cleaning items, and laundry soap.

Phone Number: (304) 366-4445

Website: marioncountyfrn.com

Address: 200 Fairmont Avenue, Fairmont, WV 26554

Email: MarionCountyFRN@gmail.com

Hours: Monday-Thursday, 9:00am-4:00pm

Eligibility: Open to all. Food and baby pantry are limited to every 4 weeks use and essentials pantry is limited to every 8 weeks use

MOUNTAINEER FOOD BANK MOBILE PANTRY

Programs: fresh fruits, vegetables, dairy products, and baked goods to people in need at set locations on scheduled dates

Phone Number: (304) 364-5518

Social Media: facebook.com/MountaineerFood

Address: Palatine Park, Everest Drive, Fairmont, WV 26554

Schedule: Last boxes for 2025: 10:00am-11:30am on Thursdays, October 30th and November 21st

Process: Drive up for food box distribution

OAKWOOD ROAD CHURCH OF CHRIST FOOD PANTRY

Programs: Offers a food pantry. Attendance at a Bible Correspondence Course is required.

Phone Number: (304) 363-1239

Website:

Address:

Email:

Hours: Wednesday, 7:00pm-8:00pm; Sunday, 9:30am-7:00pm

Eligibility: Open to all. Attendance at a Bible Correspondence Course is required.

Application Process: In person

OUR FATHER'S BREAD BASKET - NEW LIFE MINISTRIES

Programs: Food Pantry

Phone Number: (304) 677-8443

Address: 79 Manley Chapel Road, Fairmont, WV

Hours: Wednesdays, 10:00am-12:00pm

Eligibility: Must register in-person the first time; follow Mountaineer Food Bank guidelines; available once a month

Process: Food pantry clients shop for items themselves once per month at the pantry

SALVATION ARMY - MARION COUNTY

Programs: emergency food bags and senior boxes. Offers utility payment assistance for electric, gas, and water: Must be in termination status. Assists individuals with clothing and items after a house fire or natural disaster. Offers children's clothing vouchers. Offers small household needs vouchers

Phone Number: (304) 366-2601

Website:

Address:

Email: diane.myers@uss.salvationarmy.org

Hours: Tuesday-Friday, 9:00am-4:00pm

Eligibility: Open to all

Application Process: Call for information

Other Service Areas: Taylor

Documents: ID, proof of income, proof of residency

SOBRANIA - THE SOUP OPERA

Programs: Offers a community meal, emergency food orders, public shower, household items, hygiene items, clothing, toys, and school supplies if available.

Phone Number: (304) 367-1098

Website:

Address: 425 Quincy Street, Fairmont, WV 26554

Email:

Hours: Monday-Sunday, 11:00am-1:00pm

Eligibility: Open to all

UNION RESCUE MISSION

Programs: Offers men's and women's low-barrier overnight shelter. Offers a single-parent/family shelter. Offers a long-term faith-based residential recovery program. Offers three meals per day: Breakfast at 7:30 AM, Lunch at 12:00 PM, and Dinner at 5:00 PM. Offers a food pantry at this location by the Fairmont-Marion County Food Pantry twice a month on Wednesdays from 8:30 AM to 11:30 AM. Offers warming shelter 8:00 PM - 7:30 AM.

Phone Number: (304) 363-0300

Website: urmwv.org

Address: 107 Jefferson Street, Fairmont, WV 26554

Email: urm@urmwv.org

Hours: Monday-Sunday, 8:00am-10:00pm

Eligibility: Open to all

Other Service Areas: Harrison, Monongalia, Taylor, Wetzel

WADESTOWN FOOD PANTRY

Programs: Food pantry sponsored by The Native American Community Center, Inc.

Phone Number: 304-662-9201

Website: facebook.com/wadestownfoodpantry

Address: 1350 Longview Avenue, Fairmont, WV 26554

Email:

Hours: Wednesdays, 9:00am-12:00pm; not open on fifth Wednesdays

Eligibility: anyone in need

Process: Must call first

MONONGALIA COUNTY

CANYON PRESBYTERIAN CHURCH

Programs: Provides a food pantry in Monongalia County, only open Mondays from 10:00 AM - 1:00 PM.

Phone Number: (304) 594-2143

Website:

Address:

Email:

Hours: Mondays, 10:00am-1:00pm

Eligibility: Everyone

Application Process: Number of people in the household
Name
Address
Phone
Age

CARITAS HOUSE

Programs: Offers delivery of food from food pantries to those who don't have transportation. Delivery may not always be available when needed.

Phone Number: (304) 376-8823

Website:

Address: No Physical Address, Morgantown, WV

Email:

Hours: No regular business hours

Eligibility: Open to residents of Mon County only

Application Process: Call for information

CATHOLIC CHARITIES - MORGANTOWN OUTREACH

Programs: Offers food assistance to families in Monongalia County and the surrounding area. Program also provides healthy food options for people who need specialized diets like diabetes.

Phone Number: (304) 292-6597

Website:

Address: 20 Scott Avenue, Suite 302, Morgantown, WV 26508

Email:

Hours: Monday-Friday, 8:30am-4:30pm

Eligibility:

Application Process:

Other Service Areas: Taylor

CHRISTIAN HELP

Programs: Provides families with a 3-5 day emergency supply of food, drink, toiletries, pet food, baby food, and many other miscellaneous items available every 30 days. Orders for food are based on a sliding scale according to the number of people in the household. Unsheltered individuals may request food as needed.

Phone Number: (304) 296-0221

Website: motownchristianhelp.com

Social Media: facebook.com/CHmorgantown

Address: 219 Walnut St. Morgantown, WV 26505

Email: director@motownchristianhelp.com

Hours: Monday, Tuesday, Thursday, 9:00am-4:00pm; Friday, 9:00am-2:00pm

Eligibility: Open to all

Process: Can access once a month; must fill out an intake form and be able to carry the food

COMMUNITY KITCHEN, INC.

Programs: Free meals Monday-Friday; an independent, non-denominational, non-profit organization serving free lunches. Meals are served at Trinity Episcopal Church (the Red Door church) at the corner of Willey and Spruce Streets.

Phone Number: (681) 209-5465

Website: morgantowncommunitykitchen.com/location

Social Media: facebook.com/morgantowncommunitykitchen

Address: 247 Willey St, Morgantown, WV 26505

Email: morgantowncommunitykitchen@gmail.com

Hours: Monday-Friday, 11:00am-12:15pm

Eligibility: Open to all

COVENANT CHURCH - MORGANTOWN

Programs: Provides food assistance to families throughout Monongalia, Preston County, Marion County, Taylor County, and the surrounding areas.

Phone Number: (304) 292-6050

Website:

Address: 802 Green Bag Road, Morgantown, WV 26508

Email:

Hours: Monday-Friday, 9:00am-3:00pm; third Saturday, 8:00am-10:00am

Eligibility: Meets guidelines from the USDA

Application Process:

Other Service Areas: Marion, Preston, Taylor

FOOD NOT BOMBS

Programs: Community meal, mutual aid fairs

Address: Monkey Wrench Books, 214 High St, Morgantown, WV 26505

Email: morgantownFNB@proton.me

Hours: Community meal, Saturdays, 4:30pm; mutual aid event, second Thursdays, 6:00pm-8:00pm

MONONGALIA COUNTY STARTING POINTS FAMILY SUPPORT CENTER

Programs: Monongalia County food pantry

Phone Number: (304) 288-9905

Website:

Address: 537 Blue Horizon Drive, Pursglove, WV 26546

Email:

Hours: Monday-Friday, 9:00am-5:00pm

Eligibility:

Application Process:

Documents: We require proof of income and some form of identification for every member of the household; however, we have no income guidelines

MORGANTOWN AREA MEALS ON WHEELS

Programs: Delivers hot, nutritious and affordable meals to the homebound in the Morgantown area in a 10-mile radius. Meals delivered by volunteers.

Phone Number: 304-599-1954

Website: morgantownwvmow.org

Social Media: facebook.com/morgantownarea.mow

Address: 3375 University Ave, Morgantown, WV

Email: morgantownareamow@gmail.com

Hours: Monday-Friday, 10:00am-12:00pm

Eligibility: Email or call to get info about this service

MOUNTAINEER FOOD BANK - VETERANS TABLE

Programs: Provides monthly food boxes for veterans to ensure that they are provided with nourishing and nutritious food

Phone Number: (304) 364-5518

Website:

Address:

Email:

Hours: Monday-Friday, 8:00am-4:00pm

Eligibility: Veteran or widow or widower of a veteran.No income guidelines

Application Process:

PANTRY PLUS MORE: IN SCHOOL PANTRIES

Programs: Students can use in-school pantries to get food and other resources from the school while they are physically present.

Phone Number: (304) 241-4751

Website:

Address: 9 Rousch Drive, Morgantown, WV 26501

Email:

Hours:

Eligibility:

THE RACK - WVU FOOD PANTRY

Programs: Food pantry for all enrolled WVU students

Phone Number: (304) 293-0385

Website: studentengagement.wvu.edu/the-rack-student-food-pantry

Social Media: [instagram.com/WVU_TheRack](https://www.instagram.com/WVU_TheRack)

Social Media: [facebook.com/TheRackWVU](https://www.facebook.com/TheRackWVU)

Address: Multiple locations, visit the website for more info

Email: SEL@mail.wvu.edu

Hours: Mondays, 11:00am-4:45pm

Eligibility: Show WVU student ID

Application Process: [2025-2026 Intake Form](#)

ROCK FORGE NEIGHBORHOOD HOUSE

Programs: Provides food assistance to families in Monongalia (Morgantown) County; please call 304-241-4831 to make an appointment

Phone Number: 304-241-4831

Website:

Address: 3085 Earl L Core Road, Morgantown, WV 2650

Email:

Hours:

Eligibility: Everyone

Application Process:

SAINT URSULA'S FOOD PANTRY AND OUTREACH

Programs: Provides immediate, practical, and compassionate assistance to pregnant women and families with infants and toddlers. Goal is to also provide access to good, healthy food through our food distribution and supportive services. Provides a food pantry by appointment on the 1st and the 3rd Wednesday of every month. All Appointments need to be scheduled the week before.

Phone Number: (304) 599-3822

Website:

Address: 87 Pursglove Road, Pursglove, WV 26546

Email:

Hours: Monday-Thursday, 9:00am-4:00pm; food pantry, first and third Wednesday by appointment

Eligibility:

SALVATION ARMY: MORGANTOWN CORPS

Programs: Households are eligible every two months. Clients will be asked for the names and birth dates of everyone in the household, proof of address and proof of income. Must have a photo ID for us to copy. Clothing supplied every three months with the same requirements as the food pantry.

Phone Number: (304) 296-3525

Website:

Address: 1264 University Avenue, Morgantown, WV 26505

Email:

Hours: Monday-Saturday, 10:00am-5:00pm

Eligibility: Food: every 2 months Clothing: every 3 months

Documents: Proof of address, proof of income, photo ID

SCOTT'S RUN SETTLEMENT HOUSE

Programs: Provides food assistance to families throughout Monongalia (Morgantown) County. Please call to make an appointment.

Phone Number: (304) 435-5098

Website: srsh.com

Social Media: facebook.com/scotts.r.house

Address: 41 Ladybug Drive, Osage, WV 26543 AND 750 Fairchance Rd,
Cheatlake, WV 26508

Email: jwatson@srsh.org

Hours: Monday, Tuesday, Wednesday, Friday, 9:00am-4:00pm; Thursdays,
9:00am-3:00pm

Process: Please call to schedule an appointment; walk-ins extremely limited

Other Service Areas: Preston, any WV resident

TAYLOR COUNTY

ACTS OF KINDNESS

Programs: Food Panty

Phone Number: 304-265-3981

Address: 310 Victory Ave, Grafton, WV

Hours: Second Fridays and Saturdays, call for hours

BREAD OF LIFE MISSION

Programs: Daily hot meal; shower and laundry facilities available for those who need it. As supplies allow, we have some clothing and take home food items available.

Phone Number: (304) 265-4422 - United Way of Taylor Co

Social Media:

[facebook.com/p/Bread-of-Life-Mission-Grafton-WV-100087611782060/](https://www.facebook.com/p/Bread-of-Life-Mission-Grafton-WV-100087611782060/)

Address: 112 Latrobe St, Grafton, WV, 26354

Email: graftonbreadoflife@gmail.com

Hours: Monday-Saturday, 5:00pm; Sundays, 1:00pm

Eligibility: All are welcome

FRIENDS IN FAITH

Programs: food pantry

Phone Number: (304) 203-2708

Address: 103 Wesley Chapel Rd, Grafton, WV 26354

Process: No set hours, open upon request as needed - call for information

MORE GRACE OUTREACH

Programs: Food pantry and essential needs pantry

Phone Number: (304) 435-5470

Website: moregraceoutreach.com

Social Media: [facebook.com/MoreGraceOutreach](https://www.facebook.com/MoreGraceOutreach)

Address: 5219 Beverly Pike, Grafton, WV 26354

Email: moregraceoutreach@frontier.com

Hours: Monday, 11:00am-4:00pm; Tuesday-Friday, 9:00am-5:00pm

Eligibility: Open to all

Process: Food pantry available as needed; essential needs pantry can be accessed once a month; appointment required, call for information

PARKVIEW CHURCH OF THE NAZARENE

Programs: food box

Phone Number: 304-265-3928 - leave a message

Social Media: [facebook.com/graftonParkview/](https://www.facebook.com/graftonParkview/)

Address: 169 Victory Avenue, Grafton, WV (Blueville Campus) AND 1082 Parkview Rd (Parkview Campus), Grafton, WV

Email: graftonparkviewchurch@gmail.com

Hours: Wednesdays, 6:00pm-7:00pm

Process: Call to schedule a pick up

SHARING PLACE UNION BAPTIST CHURCH

Programs: food pantry

Phone Number: 304-626-0050

Social Media: [facebook.com/UBCofSimpson](https://www.facebook.com/UBCofSimpson)

Address: 2597 Simpson Rd, Simpson, WV

Email: ubc1802@gmail.com

Hours: Tuesdays and Thursdays, 10:00am-12:00pm

TAYLOR COUNTY FAMILY RESOURCES

Programs: Offers food pantry, pet pantry, baby pantry, and community support, programming and referral services.

Phone Number: (304) 265-6838

Website: tcfamilyresources.org

Social Media: [facebook.com/tccfrn](https://www.facebook.com/tccfrn)

Address: 105 Beech Street, Grafton, WV 26354

Email: tccfrn1@gmail.com

Hours: Monday, Tuesday, Thursday, 8:30am-4:30pm; Wednesday and Friday, 11:00am-7:00pm

Eligibility: Serves families with children under age 18

HARRISON COUNTY

This county has been edited and verified - please contact trythiswv@gmail.com with any updates!

CONNECTING POINT CAFE

Programs: call for emergency assistance for food, cleaning supplies, and personal care items

Phone Number: (304) 669-1182 / (304) 476-8066

Address: 401 Fowler Ave, Clarksburg, WV

Hours: no set hours

DUFF STREET UNITED METHODIST CHURCH FOOD PANTRY

Programs: Pre-bagged food available; also have bags of food for weekends for students at North View and Adamston Elementary Schools, packing help appreciated; parking in the alley between the Sanctuary and Multi-Ministries Buildings; handicap accessible

Phone Number: (304) 624-7951

Website: duffstreetchurch.org/pages/food-pantry

Social Media: facebook.com/profile.php?id=100064243136932

Address: 204 Baker Ave, Clarksburg, WV 26301

Email: duffstreet@gmail.com

Hours: Tuesdays, 9:30am-1:00pm

Eligibility: Harrison county resident, ID required, birthdates for all family members

FRIENDS FEEDING FRIENDS - FOOD OUTREACH

Programs: Provides a hot meal; clothes and food pantry available with appointment

Social Media: facebook.com/groups/2563012100600874

Address: United Methodist Temple, 665 Locust Avenue, Clarksburg, WV 26301

Hours: Community meal: Wednesdays, 6:00pm-7:00pm

Eligibility: Open to all

HARRISON COUNTY SENIOR CENTER - FOOD BOX SERVICES

Programs: Monthly Mountaineer Food Bank (MFB) Senior Nutrition Mission Boxes for seniors, and emergency food pantry

Phone Number: (304) 623-6795

Website: hcscwv.org

Social Media: facebook.com/HarrisonCountySeniorCitizensCenter

Address: 500 West Main Street, Clarksburg, WV 26301

Email: info@hcscwv.org

Hours: Monday-Friday, 9:00am-3:30pm; grab-n-go bags Tuesday and Thursday, 9:00am-11:00am

Eligibility: must be 60+ years old;

Process: monthly 5-meal, shelf-stable box for everyone in the home if at least 1 person is 60+, call to request; call for emergency food pantry boxes

HELP ON THE HORIZON FOOD PANTRY

Programs: Food assistance and backpack program

Phone Number: (304) 745-5090

Website: horizonschurch.net/pantry

Social Media: facebook.com/helponthehorizon

Address: Horizons Church, 8302 Mount Clare Road, Lost Creek, WV 26385

Email: hohfood@gmail.com

Hours: Second and fourth Mondays, 6:30pm-7:30pm; every Wednesday, 10:00am-12:00pm; first Thursdays, 6:30pm-7:30pm / closed Nov 24-28

Eligibility: Open to all; application in person

Other Service Areas: Lewis

THE LORD'S PANTRY

Programs: food resources

Phone Number: (304) 677-7315

Social Media: facebook.com/lordspantrywv

Address: 77 Church St, Shinnston, WV

Hours: Thursdays, 9:00am-12:00pm, call ahead; closed Thanksgiving, food distributed Wednesday, Nov 26th instead

Eligibility: for those in Lincoln School district only

MOUNTAINEER FOOD BANK - VETERANS TABLE

Programs: Provides monthly food boxes for veterans to ensure that they are provided with nourishing and nutritious food

Phone Number: (304) 364-5518

Website: mountaineerfoodbank.org/veteranstable

Address: Clarksburg Veteran's Memorial Park, Clarksburg, WV 26301

Hours: Third Fridays, 8:00am-9:30am

Eligibility: Veterans only

MUSTARD SEED FOOD PANTRY

Programs: perishable and non-perishable food pantry

Phone Number: (304) 623-0859

Website: clarksburgmustardseed.org

Social Media: facebook.com/profile.php?id=100088445741739

Address: 444 E Pike St, Clarksburg, WV 26301

Email: clarksburgmustardseedpantry@gmail.com

Hours: Monday, Tuesday, Thursday, and Friday, 11:00am-3:00pm; Wednesdays & weekends by appointment made by a case manager as-needed

Eligibility: Open to all

Application Process: In-person or call for an appointment

NORTH VIEW UNITED METHODIST CHURCH

Programs: food pantry

Phone Number: (304) 622-7499

Website: northviewumcwv.org

Social Media: facebook.com/nvumc

Address: 1310 N 19th St, Clarksburg, WV 26301

Email: Office@northviewumcwv.org

Hours: Thursdays, 2:00pm-4:00pm

Eligibility: Harrison county residents; ID and proof of address required

OUR DAILY BREAD

Programs: food pantry

Phone Number: (304) 629-6777 / (304) 476-1431

Website: kellymillercc.org

Social Media: facebook.com/KellyMillerCC

Address: In Kelly Miller Community Center, 408 E.B. Saunders Way, Clarksburg

Email: wvbhf@wvbhf.com

Hours: must call first for information

OUR LADY OF PERPETUAL HELP

Programs: food pantry

Phone Number: (304) 623-2334

Social Media: [facebook.com/OLPHWV](https://www.facebook.com/OLPHWV)

Address: 8092 Third St, Stonewood, WV

Email: info@olphwv.com

Hours: Wednesdays, 9:00am-12:00pm; must call first

PROGRESSIVE WOMEN'S ASSOCIATION AND UPTOWN EVENT CENTER: FOOD PANTRY

Programs: food pantry; pet food pantry for dog and cat food

Phone Number: (304) 624-6881

Social Media: [facebook.com/profile.php?id=100064812156114](https://www.facebook.com/profile.php?id=100064812156114)

Address: 305 Washington Avenue, Clarksburg, WV 26301

Email: uptowneventcenter2014@gmail.com

Hours: Monday-Friday, 9:00am-5:00pm

Eligibility: Open to all, application at the door

QUIET DELL UNITED METHODIST CHURCH - FOOD PANTRY

Programs: Food pantry

Phone Number: (304) 622-6200

Website: quietdellumc.org

Social Media: [facebook.com/QuietDellUMC](https://www.facebook.com/QuietDellUMC)

Address: 96 Trinity Road, Mt Clare, WV 26408

Email: qdumcoffice@gmail.com

Hours: Fridays, 11:00am-2:00pm

Eligibility: Valid ID required

SALVATION ARMY - CLARKSBURG

Programs: food pantry; also have store vouchers for those with referral slips proving: house fire, court date, recent prison release, homeless to home, domestic violence referral, or VA referral; for utility or rental assistance, call 833-848-9905

Phone Number: (304) 622-2360 ext. 4

Website: clarksburg.salvationarmypotomac.org

Address: 1010 South Chestnut Street, Clarksburg, WV 26301

Email: Heidi.Cork@uss.salvationarmy.org

Hours: Monday, Tuesday, Thursday, and Friday, 12:00pm-2:00pm; closed every Wednesday and third Fridays

Eligibility: Open to all; can come every 30 days

Other Service Areas: Doddridge, Gilmer

SHEPHERD'S CORNER

Programs: free food, clothing, and other everyday items to anyone in need in Harrison County; food pantry offers boxes of perishable and non-perishable items; clothing offers new and used, including winter coats; hygiene kits include items such as soap, toothbrushes, toothpaste, and deodorant. We can also provide baby shampoo and diapers; household cleaning supplies

Phone Number: (304) 842-6352

Website: shepherdscornerwv.org

Address: 119 Pennsylvania Ave, Bridgeport, WV

Hours: Tuesday-Thursday, 10:00am-1:30pm

Eligibility: Harrison County resident, ID required

UNITED METHODIST TEMPLE

Programs: Provides food, grab n go bags available

Phone Number: (304) 622-4172

Social Media: facebook.com/unitedmethodisttemple

Address: 665 Locust Avenue, Clarksburg, WV 26301

Email: Umtchurch@gmail.com

Hours: Tuesdays, 9:00am-1:00pm; must call first for pantry

BLESSING BOXES

- North View United Methodist Church - 1320 N 19th St, Clarksburg
- Quiet Dell United Methodist Church - 96 Trinity Road, Mt Clare

WOOD COUNTY

BEECHWOOD PRESBYTERIAN

Programs: food closet

Phone Number: (304) 422-6067

Website:

Address:

Email: bpcsecretary@yahoo.com

Hours: By appointment ONLY

Eligibility: Open to all

Application Process: Call for appointment.

Documents: Photo ID

CHRISTIAN COMMUNITY CUPBOARD - WOOD COUNTY

Programs: Food pantry in Lubeck WV

Phone Number: (304) 863-6082

Website:

Address: 90 Homewood Road, Washington, WV 26181

Email:

Hours: Thursday, 10:00am-12:00pm

Eligibility: Living in Lubeck, Washington WV area

Documents: Proof of address

COMMUNITY RESOURCES - THRIVE

Programs: THRIVE is comprised of Thrive Market, a choice based food market, Thrive Homegoods providing infant, toddler and housing supplies.

Phone Number: (304) 485-5525 ext 138

Website:

Address: 1218 Market Street, Parkersburg, WV 26101

Email: thrivemov@cricap.org

Hours: Online ordering from pantry available all the time at thriveonlinefoodpantry.com, orders are typically filled within 24hrs of receipt.

Eligibility: Customers must produce an ID along with proof of who is in the household. Thrive will accept only a DHHR referral or a lease agreement listing the number of people in the household. CRI referral.

Application Process: Yes

Documents: Photo ID

DISABLED AMERICAN VETERANS POST 32 FOOD PANTRY

Programs: Offers a food pantry for veterans only

Phone Number: (304) 679-3600

Website:

Address:

Email:

Hours: Monday and Tuesday, 9:00am-2:00pm; Friday, 9:00am-12:00pm

Eligibility: Must be a veteran. Income requirements are determined by paperwork. Bring ID and DD 214. Proof of income

Application Process: Paper at the site

Documents: ID and DD 214

DOWNTOWN BETHEL CHURCH

Programs: Our hope is for every person who enters our door, or crosses our path, to experience the presence of God in such a way that they feel empowered, and encouraged, to step into their identity as sons and daughters of God.

Phone Number: (304) 917-4163

Website:

Address:

Email: bethel26101@gmail.com

Hours: Tuesday, 10:00am-12:00pm

Eligibility: Self certified- no ID required. 30 day pantry

FIRST LUTHERAN CHURCH

Programs: First Lutheran Church's food pantry is part of the Great Parkersburg area food program. For prescription assistance funds are limited

Phone Number: (304) 428-6174

Website:

Address:

Email: flcsec@yahoo.com

Hours:

Eligibility: Must show photo ID with current address. If your ID does not match, bring a piece of mail with your name on it and current address along with your photo ID

Application Process: In person

Documents: Photo ID

FRIENDSHIP KITCHEN

Programs: The Friendship Kitchen provides a place for people from all walks of life to come together for food & fellowship. Providing a FREE meal every Tuesday-Thursday, the Friendship Kitchen is an outreach ministry of North Parkersburg Baptist Church.

Phone Number: (304) 428-3293

Website:

Address: 3109 Emerson Avenue, Parkersburg, WV 26101

Email: susiemeredith@northpbc.org

Hours: Tuesday-Thursday, 11:00am-1:00pm

Eligibility: Open to all

GOOD SHEPHERD EPISCOPAL CHURCH

Programs: Provides a food pantry and utility assistance for families in the area.

Phone Number: (304) 428-1525

Website: goodshepherdwv.org

Address: 903 Charles Street, Parkersburg, WV 26101

Email:

Hours: Monday-Thursday, 9:00am-3:00pm

Eligibility: Must have a shut-off notice

Process: Services by appointment only

GRACE BAPTIST CHURCH

Programs: Provides a food pantry for those who are in the Wood County area.
M-F BY APPOINTMENT ONLY,

Phone Number: (304) 485-4071

Website: gbcparkersburg.org

Address: 55 Rosemar Road, Parkersburg, WV 26104

Email: graceoffice@casinternet.net

Hours: Families usually served within 24-48 hours

Eligibility: Open to all

Application Process: Call for appointment

JOURNEY ON PARK AVENUE

Programs: The Fishes and Loaves Food Pantry is part of the Baptist Temple Parkersburg initiatives of neighbor helping neighbor in our community.

Phone Number: (304) 428-4494

Website:

Address: 1825 Park Avenue, Parkersburg, WV 26101

Email: office@baptisttempleparkersburg.org

Hours: Tuesday, 11:00am-1:00pm

Eligibility: Open to all

Documents: ID, proof of address, and last 4 numbers of social security number for everyone in the household

MOUNTAINEER FOOD BANK - VETERANS TABLE

Programs: Provides monthly food boxes for veterans to ensure that they are provided with nourishing and nutritious food.

Phone Number: (304) 364-5518

Website:

Address: Christ United Methodist Church, Parkersburg, WV 26101

Email:

Hours: Third Tuesdays, 11:00am-1:00pm

Eligibility: Veteran or widow or widower of a veteran. No income guidelines

NORTH END CHURCH OF CHRIST

Programs: Church food pantry

Phone Number: (304) 422-0489

Website:

Address: 1301 West Virginia Avenue, Parkersburg, WV 26104

Email:

Hours:

Eligibility: ID- Proof of address Serves all

Documents: ID Required (drivers license, etc.) No appointment needed

NORTH PARKERSBURG BAPTIST CHURCH

Programs: Jesus taught that putting others' needs above our own is the heart of Christian service, therefore we believe it is our duty to reach out to people near and far and share the love of Jesus Christ.

Phone Number: (304) 428-3293

Website:

Address: 3109 Emerson Avenue, Parkersburg, WV 26104

Email: courtneyrichards@northpbc.org

Hours: Monday, Tuesday, Thursday, 9:00am-3:00pm

Eligibility: A valid ID showing the recipient's address is required to receive food. Anyone needing assistance should come to the church office entrance on 32nd Street. By appointment ONLY

Documents: Valid ID - Wood County ONLY Please come to the church entrance on 32nd Street

OLD MAN RIVERS MISSION

Programs: Someone will come to your car to get information, must stay in car, boxes will be brought to your car. You can help load your items.

Phone Number: (304) 428-6677

Website:

Address: 703 Pike Street, Parkersburg, WV 26101

Email:

Hours: Monday, Tuesday, Friday, 12:00pm-3:00pm

Eligibility: Must have an ID or proof of residency. Wood county resident

Documents: ID, Bill and number of household members

PARKERSBURG URBAN MINISTRIES

Programs: Parkersburg Urban Ministries is a Christian organization devoted to expanding and coordinating its resources to meet the spiritual and physical needs of the community. At this time we are supported by 12 area U.M. Churches in our parish, but we receive other support from different sources in the community.

Phone Number: (304) 428-0537

Website:

Address: 219 11th Street, Parkersburg, WV 26101

Email:

Hours: Monday, Wednesday, Friday, 10:00am-12:00pm

Eligibility: For Utilities: **Referrals from other organizations (e.g. Saint Francis Xavier, Community Resources, Good Sheppard Episcopal, Catholic Charities, Salvation Army and others). Must have a shut off notice, need to bring an ID card for proof of identity and address, shut off notice in client's name. If we give \$100, we don't assist for 1 year. If we give \$75, we don't assist for 9 months. If we give \$50, we don't assist for 6 months. If we give \$25, we don't assist for 3 months. For Rent (assisting on Wednesday's & Fridays 10:00am-12:00pm)- a form of identification (i.e. driver's license)- a copy of the Lease with the client's name

listed on it- the name, address and telephone number of the Landlord.- we will NOT provide funding for rental deposits

Documents: ID or any document with client's name and address (e.g. driver's license, utility bill)

SAINT FRANCIS XAVIER CATHOLIC CHURCH COMMUNITY MEAL

Programs: Church helping the community. Wood County residents ONLY

Phone Number: (304) 422-6786

Website:

Address: 609 Market Street, Parkersburg, WV 26101

Email:

Hours: By appointment

Eligibility: Open to all

Documents: Shut Off Notice and ID

SAINT PAUL'S UNITED METHODIST CHURCH

Programs: The St. Paul's United Methodist Church offers basic food and personal care items on Tuesday mornings, at 8:30-9:30 am, to any who need them, with no income restrictions

Phone Number: (304) 422-2552

Website:

Address: 219 11th Street, Parkersburg, WV 26101

Email:

Hours: Tuesday, 8:30am-9:30am

Eligibility: Open to all

Application Process: Call contact number for additional information

SAINT MARGARET MARY FOOD PANTRY

Programs: food pantry

Phone Number: (304) 422-1262

Website:

Address: 2500 Dudley Avenue, Parkersburg, WV 26101

Email:

Hours:

Eligibility: Emergency pantry ONLY

Documents: ID and SNAP verification

SALVATION ARMY OF PARKERSBURG

Programs: Food pantry serving residents of Wood County and surrounding areas. Hot community meal serving residents of Wood County and surrounding areas.

Phone Number: (304) 485-4529

Website:

Address: 534 5th Street, Parkersburg, WV 26101

Email:

Hours: Monday-Friday, 9:00am-4:30pm

Eligibility: Open to all

Documents: Please bring an ID or documentation of your name, birth date and last 4 numbers of your social security number

UNITED WAY ALLIANCE OF THE MID-OHIO VALLEY: PARKERSBURG SYNERGY CENTER

Programs: Offering a food pantry, workforce clothing closet, and resources to those in need.

Phone Number: (304) 580-0570

Website:

Address: 715 16th Street, Parkersburg, WV 26101

Email:

Hours: Wednesday and Thursday, 1:00pm-4:00pm

Eligibility: Open to all

Application Process:

Other Service Areas: Calhoun, Jackson, Ritchie, Roane, Pleasants, Wirt

WASHINGTON UNITED METHODIST

Programs: Local food pantry

Phone Number: (304) 863-6203

Website:

Address: 10468 Dupont Road, Washington, WV 26181

Email: church@washingtonumc-wv.org

Hours: Third Saturday, 9:00am-12:00pm

Eligibility: Open to all

RITCHIE COUNTY

This county has been edited and verified - please contact trythiswv@gmail.com with any updates!

CAIRO COMMUNITY CHURCH (FORMERLY METHODIST CHURCH)

Programs: food pantry

Phone Number: (304) 372-3203

Address: 203 Main Street, Cairo, WV - back door of church, closest to the Court House employee parking lot

Hours: Thursdays, 9:00 am-11:00 am - not open the first and third Thursday of July, November, or December

Process: must complete a USDA form; no other documents required

COMMUNITY RESOURCES, INC.

Programs: emergency food

Phone Number: (304) 643-2332 - Bonnie

Website: [Community Resources, Inc.](http://CommunityResources,Inc.)

Social Media: facebook.com/wvcric

Address: 633 South Spring St, Harrisville, WV

Hours: by appointment only - closed Mondays

Eligibility: must have a referral from DoHS/DHHR; must bring proof of household income, birthdate and SS# for everyone in the household

LOVE RIOT OUTREACH MINISTRIES

Programs: hot meal (No meal November 15th)

Phone Number: (304) 643-4655

Social Media: [Ritchie Church of the Nazarene | Harrisville WV](http://RitchieChurchoftheNazarene|HarrisvilleWV)

Address: 2357 Ellenboro Rd, Harrisville, WV

Email: ktravis47@gmail.com

Hours: Third Saturdays, 11:00am *NO MEAL NOV 15th* (while supplies last)

Eligibility: open to all

MOUNTAINEER FOOD BANK MOBILE PANTRY

Programs: fresh fruits, vegetables, dairy products, and baked goods to people in need at set locations on scheduled dates

Phone Number: (304) 364-5518

Social Media: [facebook.com/MountaineerFood](https://www.facebook.com/MountaineerFood)

Address: Simonton Windows / Pennsboro Industrial Park, 1 Cochrane Drive, Pennsboro, WV 26415

Schedule: Last box for 2025: 10:00am-11:30am on Saturday, December 6th

Process: Drive up for food box distribution

NEW LIFE MINISTRIES - FOOD PANTRY

Programs: Offers food support

Phone Number: (304) 299-2865

Location: Pennsboro, WV

Process: Call for information

PACKS OF PLENTY

Programs: family-style box with a \$25 voucher; for students over weekends and long breaks

Phone Number: (304) 480-1719

Social Media: [PACKS of Plenty | Harrisville WV](#)

Address: 2479 Ellenboro Road, Harrisville, WV

Email: gholleron@gmail.com

Hours: First Wednesdays, 2:00pm-4:00pm

Eligibility: For Ritchie County Families with school-aged children at home; must have proof of SNAP and proof of every child in the home (Social Security card or report card)

PENNSBORO BAPTIST CHURCH

Programs: food box giveaway

Address: 411 W. Myles Ave, Pennsboro (Dollar General Store parking lot)

Social Media: [facebook.com/p/Pennsboro-Baptist-Church-61552095897032](https://www.facebook.com/p/Pennsboro-Baptist-Church-61552095897032)

Hours: Third Saturdays, 10:00am-11:00am

PENNSBORO SENIOR CENTER

Programs: Hot meal for seniors; donations appreciated

Phone Number: 304-659-2430

Address: 408 Main St, Pennsboro WV

Website: ritchieseniorcenter.org/activities

Hours: Meal served Monday-Friday, 11:30am-12:15pm

Eligibility: 60+ years old only

Process: must call to reserve a meal

RITCHIE COUNTY FAMILY RESOURCE NETWORK

Programs: The mission and purpose of the Ritchie County Family Resource Network, Inc. is to promote the health and wealth-being of Ritchie County communities by involving all sectors of the community in coordinating and planning flexible, accessible, and family- centered services.

Phone Number: (304) 643-2022

Website: ritchiecountyfrn.org

Address: 888 E Main Street, Harrisville, WV 26362

Email: pamrcfrn@gmail.com

Hours: Monday-Friday, 8:00am-4:00pm

Eligibility: Ritchie County residents; must have proof of address, proof of income, and proof of household size

RITCHIE COUNTY SENIOR CENTER

Programs: Hot meal for seniors; donations appreciated

Phone Number: (304) 643-4941

Website: ritchieseniorcenter.org

Email: ritchieseniors@zoominternet.net

Address: 521 S Court St, Harrisville WV

Hours: Meal served Monday-Friday, 11:30am-12:15pm; center open Monday-Friday, 8:00am-4:00pm

Eligibility: 60+ years old only

Process: must call to reserve a meal

SMITHVILLE COMMUNITY BUILDING

Programs: Food Pantry program provides participants a multiple-day supply of food on a monthly basis. Pantry patrons are offered healthy options, and select the items included in their food order.

Phone Number: 304-477-3188

Address: 42273 Route 47 Stringtown, Smithville, WV 26178

Smithville Baptist Schedule: Third Saturdays, 10:00am-11:00am

Catholic Charities Schedule: Second Wednesdays, 10:00am-12:00pm

Smithville Missions Group Schedule: Second and fourth Fridays, plus fifth Friday if there is one

Eligibility: The pantry primarily serves households with incomes at or below 150% of the federal poverty guidelines. However, no one is turned away

BLESSING BOXES

- 888 E Main St., Harrisville - Ritchie County FRN/FSC
- Myles Ave, near intersection of Eagle Dr and Masonic Ave, Pennsboro

PLEASANTS COUNTY

PLEASANTS COUNTY NEIGHBOR NETWORK

Programs: Pleasants County Neighbor Network operates an upscale Thrift Store which provides funding for its many programs and projects, which include a food pantry, emergency utility assistance, the Gabriel Project for mothers & babies, Mountaineer Food Bank distributions, referrals for help obtaining optical & dental care, prescription medicine procurement, ramp building, a Christmas assistance program, and more. As a ministry of St. Mary's United Methodist Church, Neighbor Network serves residents of Pleasants County only, but anyone may shop or donate to the Thrift Store.

Phone Number: (304) 684-3990

Website: pleasantscountyneighbornetwork.org

Address: 411 2nd Street, Saint Marys, WV 26170

Email:

Hours: Monday-Friday, 8:00am-4:00pm; first Saturdays

Eligibility: Need to get a referral from DHHR. Rent: Must have an eviction notice or deposit paperwork Utilities: Must have a shut off notice or deposit paperwork

*You are required to take a free 2 hour budgeting class before you can receive assistance again.

WIRT COUNTY

This county has been edited and verified - please contact trythiswv@gmail.com with any updates!

CATHOLIC MOBILE FOOD PANTRY - ST. ELIZABETH OF HUNGARY

MISSION

Programs: mobile food pantry

Phone Number: 304-917-4486

Website: [Food Assistance - Catholic Charities West Virginia](#)

Address: 24 Butternut St., Elizabeth, WV 26143

Hours: Third Wednesdays, 9:00am-12:00pm

COMMUNITY RESOURCES, INC.

Programs: emergency pantry

Phone Number: (304) 275-4306

Website: [Community Resources, Inc.](#)

Address: 90 Senior Circle, Room 1, Elizabeth, WV 26143

Hours: Monday-Friday, 9:00am-4:00pm

Eligibility: emergency need in Wirt county

CRESTON FOOD PANTRY

Programs: food pantry; free community meal

Phone Number: (304) 275-3202

Address: 8405B Little Kanawha Parkway, Creston, WV 26141

Hours: First and third Fridays, 5:00pm-7:00pm

ELIZABETH BAPTIST CHURCH (UNVERIFIED)

Programs: food related support

Phone Number: (304) 639-8172

Address: 424 Mulberry St, Elizabeth, WV 26143

Email: elizabethbaptistchurchwv@outlook.com

Hours: Thursdays 5:00pm-6:30pm

HOPE SHOP

Programs: Food pantry; provides inexpensive, used clothing available for a minimal charge or suggested donation; financial assistance available for prescription drugs, utilities, housing and miscellaneous needs; nursing program available

Phone Number: (304) 275-1180

Social Media: [facebook.com/groups/1927300077512623](https://www.facebook.com/groups/1927300077512623)

Address: 558 Court Street, Elizabeth, WV 26143

Hours: Food pantry, first Wednesday 10:00am-12:00pm, all other Wednesdays 10:00am-3:00pm; thrift store, Monday-Saturday 10:00am-3:00pm

Eligibility: referral from CRI Director, DHHR office or local minister; most services restricted to Wirt county residents

Process: Financial assistance available only once every six months

SPRING VALLEY PANTRY

Programs: food pantry, can deliver to your vehicle

Phone Number: (304) 275-4349

Social Media: [Wirt County Missional Group | Elizabeth WV](#)

Address: 62 Marshall Circle, Elizabeth, WV

Hours: Wednesdays 3:00pm-4:00pm; Fridays, 1:00pm-2:00pm

STRAIGHT CREEK BAPTIST CHURCH

Programs: food pantry

Phone Number: (304) 354-6739

Social Media: [facebook.com/groups/3409534599296347](https://www.facebook.com/groups/3409534599296347)

Address: 1208 Freed Road, Brohard, WV 26138

Hours: First Fridays, 3:00pm-4:00pm

WIRT COUNTY COMMUNITIES IN SCHOOLS PANTRIES

Programs: food pantry for students in Wirt County High School and Middle School; contact Mrs. Smith or Mrs. Moore for information

Phone Number: (304) 275-4241 (Wirt County High) or (304) 275-3977 (Wirt County Middle)

Process: Open when school is open; call for more information

Eligibility: must be a Wirt County School student

WIRT COUNTY COMMITTEE ON AGING AND FAMILY SERVICES

Programs: Hot meals and low-cost home delivered meals; also offers multi-passenger van service for medical appointments, nutrition sites, and recreational activities

Phone Number: (304) 275-3158 (Darlene Evans)

Social Media: [facebook.com/wirtcountyseniorcitizens](https://www.facebook.com/wirtcountyseniorcitizens)

Address: 74 Senior Circle, Elizabeth, WV 26143

Email: wccoaseniors@gmail.com

Hours: Lunch, Monday-Friday, 10:00am-12:30pm; center open Monday-Friday, 8:30am-4:00pm

Eligibility: Seniors and their families

WIRT COUNTY FAMILY RESOURCE NETWORK/FAMILY SUPPORT CENTER

Programs: Food pantry also offers personal hygiene, household needs, and diapers; for families with children

Phone Number: (304) 275-4833

Website: [Wirt County Family Resource Network/Family Support Center](https://www.wirtcountyfamilyresourcenetwork.com)

Social Media: [facebook.com/wirtfamilyresourcenetwork](https://www.facebook.com/wirtfamilyresourcenetwork)

Address: 116 Harriet St, Elizabeth WV 26143

Email: jshaffer@wirtfrnpsc.com

Hours: Monday-Friday, 9:00am-3:00pm

Process: resources available monthly upon request

Eligibility: must have children in the home

JACKSON COUNTY

BETHEL BAPTIST CHURCH FOOD PANTRY

Programs: small church with a food pantry. Currently, they are distributing 110 food boxes twice a month. They also distribute senior boxes to nearly 100 people each month.

Phone Number: (304) 761-4042

Website:

Address: 640 Pleasant Valley Road, Given, WV 25245

Email: telyons57@yahoo.com

Hours: First and third Wednesdays

Eligibility: Open to all

CALVARY UNITED METHODIST CHURCH FOOD PANTRY

Programs: Food pantry

Phone Number: (304) 372-1735

Website:

Address: 205 Court Street, Ripley, WV 25271

Email: mikewilt0529@yahoo.com

Hours: Thursday, 9:00am-12:00pm

Eligibility: Open to all

Application Process: USDA Means Test

Other Service Areas: Mason, Roane

Documents: Application completed

MOUNTAINEER FOOD BANK MOBILE PANTRY

Programs: fresh fruits, vegetables, dairy products, and baked goods to people in need at set locations on scheduled dates

Phone Number: (304) 364-5518

Social Media: [facebook.com/MountaineerFood](https://www.facebook.com/MountaineerFood)

Address: Jackson County Junior Fairgrounds, 508 Cottageville Rd, Cottageville, WV 25239

Schedule: Last box for 2025: 10:00am-11:30am on Wednesday, December 10th

Process: Drive up for food box distribution

NO HUNGER FOOD PANTRY

Programs: No Hunger Food Pantry, Inc., in coordination with help of the Jackson County Ministerial Association.

Phone Number: (304) 512-7309

Website:

Address: 231 Walnut Street, Ravenswood, WV 26164

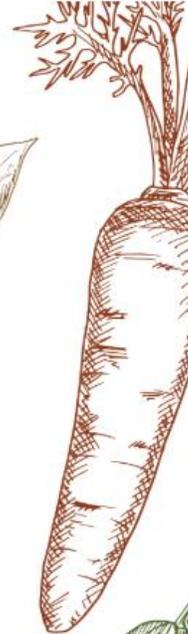
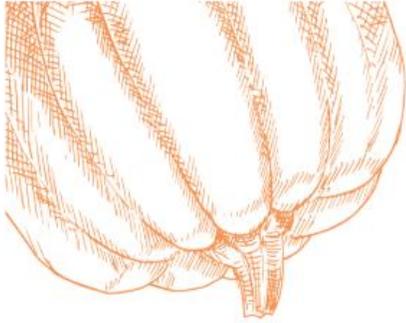
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Eligibility: Open to all

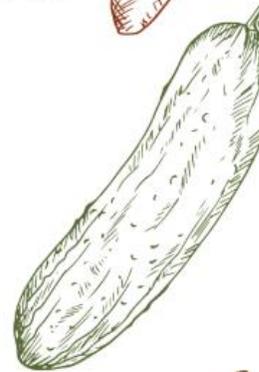


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